

Event endorsed by

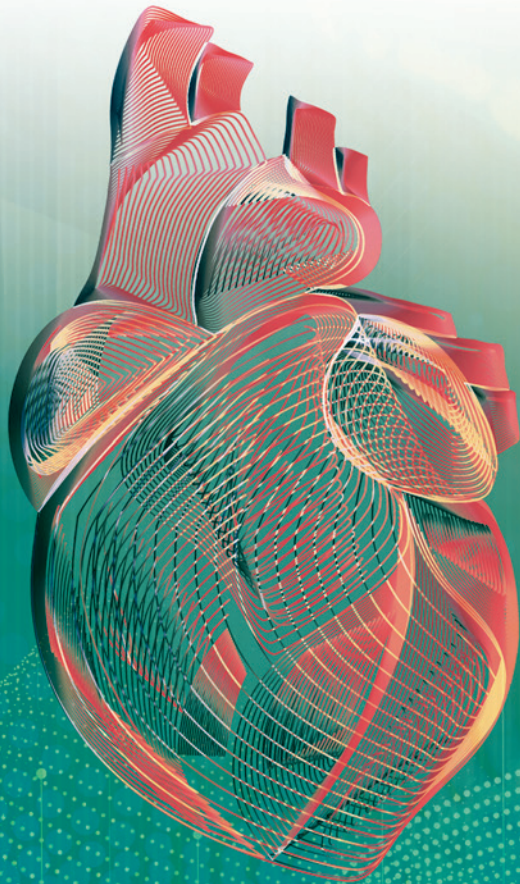


NEW PARADIGMS IN CV TREATMENT

LONDON

30th January - 1st February
2025

Millennium Hotel London Knightsbridge





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SCIENTIFIC RATIONALE

There is compelling evidence that, in patients with cardiovascular disease, and in subjects with an increased risk of developing cardiovascular events, comprehensive risk factor management results in improved clinical outcomes, including increased survival and improved quality of life. Several studies have demonstrated that multiple risk factors have a major impact on the general population and that their multimodal modification will decrease incidence of coronary heart disease.

Despite improved knowledge in recent years and useful clinical guidelines issued by international societies, the vast majority of patients and individuals at risk are not adequately treated. There are many reasons for this, including different social, financial, and health care conditions in different countries.

The workshop, aimed at practicing specialist cardiologists and internal medicine specialists, will endeavour to provide the pathophysiological basis for a better understanding of currently proposed treatments and preventative measures. The attendees will be updated on the importance of novel risk factors for cardiovascular and cerebrovascular diseases and innovative approaches to improve treatment and prevention. Experts will discuss current international guidelines and ways of applying their recommendations to patients in everyday clinical practice. It is expected that attendees will gain insight into modern assessment of patient cardiovascular risk, prevention and management strategies in IHD, stroke and atrial fibrillation. The meeting is organised by the Heart Success Foundation in collaboration with the Italian Medical Society of Great Britain

SCIENTIFIC PROGRAMME

30th January 2025

17:00-17:30 **Registration**

17:30-18:00 **Introduction and welcome message**
G. Rosano (UK), M. Volterrani (Italy)

► SESSION 1 ◀

NEW PARADIGMS IN CV PREVENTION:

Chairs: G. Rosano (UK), M. Volterrani (Italy)

18:00-18:30 **Aggressive risk factor management
for cardiovascular prevention**
J.C. Kaski (UK)

18:30-19:00 **Management of arterial hypertension
in high-risk individuals**
M. Volterrani (Italy)

19:00-19:30 **Discussion**

19:30 **End of session – day 1**

31st January 2025

09:00-09:05 **Introduction**
G. Rosano (UK)

09:05-09:30 **Main messages from the Guidelines
on Chronic Coronary Artery Disease**
R. Ferrari (Italy)

► SESSION 2 ◀

PERIPHERAL VASCULAR DISEASE

Chair: M. Volterrani (Italy)

09:30-09:55 **The continuum from venous
to arterial vascular disease**
C. Vitale (UK)

09:55-10:20 **Detection and management of peripheral
vascular disease in patients with increased
cardiovascular risk**
A. Di Lenarda (Italy)

10:20-10:45 **Interactive discussion**

10:45-11:15 *Coffee break*

► SESSION 3 ◀

ADVANCES IN LIPID TREATMENT

Chairs: R. Ferrari (Italy), G. Rosano (UK)

11:15-11:40 **Lipid-lowering therapy in a patient with renal failure**

G. Cice (Italy)

11:40-12:05 **The need to simplify treatment in VERY high AND EXTREME CV RISK patients**

S. Nodari (Italy)

12:05-12:55 **Discussion**

12:55-14:00 *Light Lunch*

► SESSION 4 ◀

FOCUS ON OBESITY

Chair: M. Volterrani (Italy)

14:00-14:25 **Obesity and cardiovascular risk**

C. Berra (Italy)

14:25-14:50 **Obesity – a multimorbid phenotype**

K. Khunti (UK)

14:50-15:15 **New therapeutic options for the management of multimorbid Obesity**

G. Rosano (UK)

15:15-15:40 **Discussion**

► SESSION 5 ◀

UPDATE ON THE MANAGEMENT OF CORONARY ARTERY DISEASE

Chairs: G. Rosano (UK), M. Volterrani (Italy)

15:40-16:05 **ESC Guidelines for the treatment of Chronic Coronary Syndromes diagnostic pathways**

T. Castiello (UK)

16:05-16:30 **The diamond approach for the management of angina**

R. Ferrari (Italy)

16:30-16:55 **Microvascular disease. the emerging role of INOCA/ANOCA**

G. Rosano (UK)

16:55-17:20 **Discussion**

► SESSION 6 ◀

Chairs: F. Papalia (UK), G. Rosano (UK)

17:20-17:45 **Update on the management of amyloidosis**

M. Fontana (UK)

17:45-19:45 **Case-based group presentations 1**

Moderated interactive clinical case group discussions

19:45 **End of session – day 2**

1st February 2025

09:00-09:05 Introduction

M. Volterrani (Italy)

SESSION 7

Chair: A. Di Lenarda (Italy)

09:05-10:05 Case-based group presentations 2

Moderated interactive clinical case group discussions

10:05-10:35 Management of a newly diagnosed AF patient

S. Nodari (Italy)

10:35-11:05 Lifestyle and medical approach to an obese patient with dyspnoea

G. Rosano (UK)

11:05-11:35 Missed lipid target in post-ACS patients using statins/ezetimibe

M. Volterrani (Italy)

11:35-12:00 Closing remarks and take-home messages

G. Rosano (UK), M. Volterrani (Italy)

12:00 End of workshop

SCIENTIFIC PROGRAMME CHAIRS

*Prof. **Giuseppe Rosano***

Professor of Cardiology

Cardiology Clinical Academic Group

St George's University Hospitals

NHS Foundation Trust, London, UK

*Prof. **Maurizio Volterrani***

Head, Cardiac Rehabilitation Unit

IRCSS San Raffaele, Rome, Italy

FACULTY

Cesare Celeste Federico Berra - Milan, Italy

Teresa Castiello - London, UK

Gennaro Cice - Rome, Italy

Andrea Di Lenarda - Udine, Italy

Roberto Ferrari - Ferrara, Italy

Marianna Fontana - London, UK

Juan Carlos Kaski - London, UK

Kamlesh Khunti - Leicester, UK

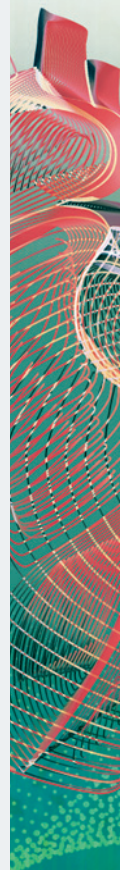
Savina Nodari - Brescia, Italy

Francesco Papalia - London, UK

Giuseppe Rosano - London, UK

Cristiana Vitale - London, UK

Maurizio Volterrani - Rome, Italy



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DATE & PLACE

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Millennium Hotel London Knightsbridge

Address: 17 Sloane Street, London, SW1X 9NU

The non-CME event targets
the following categories:

Profession: Physicians

Reserved to the following categories:

Cardiology, Geriatrics, General Medicine,
Metabolic Diseases and Diabetology,
Internal Medicine, Nephrology,
Respiratory Diseases, Oncology, Cardiosurgery,
Vascular Surgery, Interventional Cardiology,
Infectious Diseases.

Number of participants: 80

Official congress language: English

ORGANIZING SECRETARIAT



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HEALTHCARE ORGANIZATION



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With the unconditional
support of:

